# St Guthlac's Church.



Reaching out in love, growing in faith, welcoming all.

March 2024 70p.

# Easter Activities

and Craft Sessions

Fun family-friendly morning on Good Friday including a story and hot cross buns. Eriday, 29 March 2024

Friday, 29 March 2024 10am till 12noon

St Guthlac's Church arket Deepin



# Mothering Sunday

## **All-age Holy Communion Service**

#### Sunday 10 March 2024 - 10am

It's a chance to say 'thank you.' to all who play or have played a mothering role in our lives.

raye

ST PETER'S SINGERS

Saturday | 9th March, 2024 7:30pm St Guthlac's Church Market Deeping PE6 8AN

An evening of beautiful choral and organ music for the season of Lent, including Bach's wonderful motet Jesu, Meine Freude and music by Lassus, Leighton, Purcell and Poulenc.

#### Tickets £12 Adults £5 Children

Email Kate: kabstg@btinternet.com



### Rector Rev'd Georgina Holding.

## (01778) 342237.



www.stguthlacs.org.uk

**f** St Guthlac's, Market Deeping.



For a Baptism, Wedding, or any general enguiry, please telephone the Parish Administrator Charlotte Bates who is available Mondav and Wednesdav evenings on 07972 839963. Beyond that time please leave a message. Alternatively email administrator@stguthlacs.org.uk

Churchwardens	Peter Hilton Keith Fowler	
Readers	Canon Nigel Bacon Mrs Kate Brown	
Director of Music	Peter Davies	
PCC Vice Chair Hon Treasurer	James Ward Mrs Julie Bacon	
Youth Officer	Andrew Mitchell	

Other Parish Representatives are listed near the back of this publication.

The Daily Office of Morning Prayer is said at 9.00am Monday to Saturday. The Evening Prayer is at 5.00pm Monday to Friday. All are welcome.

For details of our on-line services please refer to our website or facebook page.

If previously arranged any Baptisms will take place at 12noon on the first or third Sunday of the month.

# The Víew From The Rectory.



#### Dear Fríends,

Dear friends - What a full month March is, with Lent, Mothering Sunday, Holy week and Easter day, all falling in the same month! It's no wonder the Co-op are selling 'Happy Easter hot cross buns'! With so many important festivals falling close together, there are bound to be themes getting mixed up and falling into each other. For instance, both Good Friday and Easter Day being celebrated here together in the baked goods aisle!

This does not just happen in March though. Sadly, we often come across mixed messages. There are times we get confused in conversations, or maybe we misunderstand an email or news item, or sometimes we hear half a story and think that is the whole story, or perhaps we even fall foul of fake news or lies. Sometimes we need to do a better job at listening or checking information we hear. At other times, we might need to do a better job ourselves at communicating so that we are clear to others.

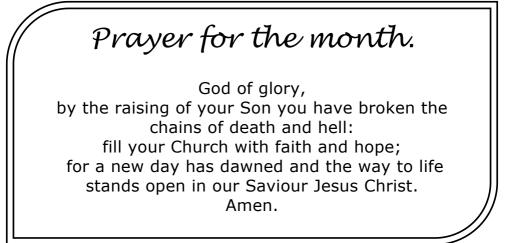
In John's Gospel, chapter 20, Mary Magdelene finds Jesus' tomb empty. Though Mary tells the two disciples this, they cannot quite believe it, so want to see it for themselves. So they run to the tomb and when they also find it empty, they leave. Mary Magdalene stays though, to sad to physically leave. It is in Mary Magdalene's staying that she is the first person to meet the resurrected Jesus. In staying, she saw and spoke with the risen Christ and then had the important task of sharing the message to others that Jesus is risen. The disciples left confused. Mary Magdalene stayed, and came to understand.

Sometimes we might find it hard to understand what God is saying to us, or sometimes even feel we are struggling to find God. It might be tempting to leave, to give up, to walk off confused. It is more worthwhile though, to be like Mary Magdalene, and to stay. To stay as near to God as we can be in our confusion, sadness or doubt, so that we can, and will again, feel the nearer presence of God and know God's love.

At Easter time, Mary Magdalene reminds us of the importance of being present, and not giving up on our faith, even if we are confused or think we hear mixed messaged. Mary Magdlene reminds us not give up in our Good Friday moments, and that the joy of Easter will come to us all again.

I hope you all do have a wonderful and joyful Easter season.

With all best wishes Rev'd George.



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#### Volunteers needed for "The Bread and Butter Thing"

What is the "Bread and Butter Thing"? It is a nationwide organisation that matches surplus food to people who need it, cutting down on food waste and enabling people to access fresh food at a price they can afford.

It operates as a club which people join. Once a week a truck delivers food to a hub where a team of volunteers packs the food into bags. The members then turn up to collect the food paying a set amount, currently about £8.50, for 3 bags of food, one of fresh items, one of chilled goods and one of store cupboard items, which would typically be worth about £35 if bought in the shops.

Anyone can join the club and you do not have to buy the food each week. The food varies from week to week depending on what has been made available, so you take what you are given. The £8.50 pays for the transportation and other running costs, the salaries of a few national employees who run the scheme and for some of the fresh food which would otherwise be sold at a reduced rate for animal feed. This does not replace the foodbank which will continue to supply free food to people in crisis. It is aimed at people who sometimes have difficulty stretching their budget and at those who are committed to eliminating food waste.

The food is not donated by local supermarkets unlike some other schemes but is available direct from farms, manufacturers and distributers and is all good quality and within "use by" dates although fruit for example may be smaller than supermarkets require, and other items may be past "best before" dates though still safe to use.

SKDC have identified Stamford, Grantham, Bourne and the Deepings as places that would benefit from a food hub, and it is hoped to set one up shortly. A team of volunteers from local churches and the wider community is needed that would be able to give up 3 hours, once a week, to pack and then hand out the food bags. Is this something that you would be interested in? Look out for posters and information about volunteering on social media or have a look at the website www.breadandbutterthing.org

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## Lent Bible studies

During Lent you are invited to join us for themed discussions, followed by a short service of Compline (night prayers) on Sunday evenings in church, 5pm.

Starting on Sunday 11th February (with the last one on 24th March), we will be looking at the Pastoral Letters in the Bible: 1 & 2 Timothy, Titus, Philemon, James, 1 & 2 Peter, & 1, 2 & 3 John. Each session we will look at a different letter/letters, starting with 1 & 2 Timothy. Bring your own Bible if you can, though we have enough to share in church if you cannot bring your own. If you want to read the letters before the sessions please do, but you do not have to do so to follow the sessions. Each session works on it's own, so do come to the sessions you can, even if it is just one or two. All are welcome to these as we seek to deepen our faith during Lent, reflecting together on parts of the Bible.

#### Lent Lunches

The 2024 series of lunches, under the auspices of Churches Together, continues this month on Saturdays between 12noon and 1.30pm. Soup, bread and cheese will be on offer, with

tea or coffee, for a suggested donation of £4.

The remaining dates and venues are: Sat 2rd Mar: St Guthlac's Church, MD Sat 10th March: Catholic Church, DSJ Sat 17th March: Open Door Church, DSJ

These are always very sociable occasions and raise much-needed funds for Christian Aid and Cafod. Please come along if you can.





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# Holy Week and Easter services

Palm Sunday - 10am 24th March 2024

Celebrating with palm crosses & procession

Monday - Wednesday of Holy Week 7:30pm - Compline

Traditional night prayer

Maundy Thursday - 7:00pm 28th March 2024

Holy Communion in the context of a meal

Good Friday - 2:00pm 29th March 2024 -

Reflective Good Friday service

Easter Day - 10am 31st March 2024 All Age Holy Communion Service

With Easter eggs & a fire celebrating light

EASTER

St Guthlac's Church

# Churchwardens' Notes.

We hope that you and your families are all well.

Following the recent visit by our clock specialists, Time Assured, we have now received their diagnosis of the problem and a quotation for the work required to restore the clock to working order. We are grateful to Lyall, Nigel and Brian Hembrow from the Fabric Group for reviewing the proposed work and quotation. Several questions arise from the quotation and these are being discussed with Time Assured so that an informed decision can be made on the best way to progress this issue.

We are pleased to to be able to report that, since the recent repairs to the roof alarm, we have not had any further issues.

In our last Notes we reported that we have an issue with the Fire Alarm. One of the sensors, located in the bell chamber, is regularly going into fault mode. This is what causes the annoying bleep that you may have noticed during services. One suggestion is to replace the sensor located in the Bell Chamber at the top of the tower. This would be quite an involved piece of work as it would require getting ladders up to the bell chamber. This involves opening the hatches in the ringing chamber and bell chamber floors. This would be quite expensive to carry out and we are concerned that it might not resolve the issue. We are speaking to the Fire Alarm company and our insurers to agree the best way to resolve this issue once and for all.

Our electrician has now provided a proposal for rectifying the issue with the Nave light that isn't working currently \*. We are reviewing the proposal and will keep you informed how things progress.

As ever, if you have any questions, please speak with one of us. Pete Hilton Keith Fowler

Ladies' Guild.

Twenty of our members had an enjoyable evening at The Horseshoe, Thurlby on Tuesday 23 January. It was lovely to see so many of our members there.(pictures inside the back cover).

The food was delicious as always – with a good choice of menu – all the ladies said how lovely the food was; some of the ladies even said they would go back for a meal at lunchtime. The two young ladies who looked after us were great – very helpful.

A free raffle was held with some lovely gifts: the winners were: Carol Moore Pam Brown Mavis Johnson Sandra Rouse Ann Lymburn Janice Baker Dorothy Harriss Heather Dawson Chris Warren

A vote of thanks was made to Gwen for organising the evening and for her help whilst on the Committee (she has resigned from the Committee). Heather presented Gwen with a lovely plant and some chocolates. A collection was made for the two young ladies, and this was given to them, with all our thanks, by Gwen at the end of the evening.

Ladies Guild Committee: Julie Bacon 342737, Heather Dawson 346574, Jean Jones 07976 810654, Ann Lymburn 703269, Liz Parkinson 347020, Kay Roberts 349021



# I like to Ride My Bicycle!

writes Rob Gray.

I love the Springtime, it's all about looking forward. Those first days when you feel Winter coming to an end, and the promise of nature coming back to life, can give a wonderful feeling of optimism.

Today didn't begin by looking like such a day. Despite this, and having the day to myself, I decided to head out for a long walk, somewhere with more hills than the Deepings. Fineshade Woods, on the A43 between Stamford and Corby, has been a favourite haunt for my family. It's run by Forestry England, a division of the Forestry Commission. I headed there with thoughts of walking our usual three-mile circuit and enjoying refreshments in the excellent café.

I parked my car and had a short conversation with another visitor about the risen parking prices, before noticing how the clouds had parted to reveal a bright blue sky and a warm sun. As I walked to the café for "coffee on arrival", a family ritual, I spotted the cycle shop offering sales, service, and bike hire. Thus, I was reminded that I promised my "Better Half" I would write an article for the parish magazine, about cycling, ahead of our planned money-raising event, in April: We aim to buy bike racks, which double as raised planters, for St. Guthlac's church. Please keep an eye out for details on this over the coming weeks.

I refrain from buying any of the tempting cakes and paninis and sit down to savour a coffee. I start making notes on my phone, recalling cycle memories. I chuckle to myself, remembering my decorated tricycle on Llansantffraid carnival day, probably around 1974. Aged 7, I learned to ride on a two-wheeler which had no brakes and had been pulled out of a skip. My first new bike was a bit of a disappointing birthday present. Whilst the other boys in the village were moving from Choppers to racing bikes, mine had small wheels, no crossbar, and a basket on the back.

All this thought of cycling helped me to decide that I should hire a bike rather than walking. I pay for a two-hour session and am soon on my way. A short distance into my ride, I meet a mother and daughter struggling with the mum's bike. I stop and put her chain

back on, and another of my wellbeing boxes is ticked. An exhilarating downhill is followed by an uphill struggle which ends with the inevitable dismount and push. But this part of my journey isn't a drag, because the sun is streaming through the trees and the birds are providing uplifting background music.

I continue, with thoughts of the many bike rides that I enjoyed in my youth:



Once I finally got my hands on a racing bike, I must have covered hundreds of miles around the country roads of Powys and Shropshire. Carrying a packed lunch and often my fishing tackle, I would be gone all day, seeking out a nice spot to sit and eat or a stream packed with trout. Sound idyllic? I think it probably was, and impossible without my trusty Raleigh Hustler. It also enabled me to take on a morning paper round and then, at fifteen, to meet a girlfriend.

I pass willows covered in catkins as I climb a gentle hill. I'm getting a little tired and feeling that well-earned glow from fresh air and exercise. I am taken back to memories of this feeling, and to cycling in my teens: One friend would call by and we would head off for a bike ride which was a ruse to smoke cigarettes. Other friends would come over and, together with my brothers, we would organise "mini-Olympics". On one such occasion, a boy was weaving his bike to try to stop me passing. I saw a gap and went flat-out, only to catch his back wheel and go tumbling onto the road. Only a few cuts and bruises. Losing the race hurt more.

About a mile from the end of my ride, I reach a very welcome picnic bench and sit, leaning back against the table. Memories of cycle rides with my wife and children, some here at Fineshade, are swirling around inside my head. I feel the reassuring aches of a good ride as I look up at the blue sky, dappled with cumulus clouds. Two kites are circling above as a gentle breeze caresses my perspiring cheek. I feel a zen-like calm, and then think to myself...I hope they haven't sold out of paninis!

https://www.forestryengland.uk/fineshade-wood



Have you got your ticket yet for the concert on March 9th?

St Peter's Singers are giving a concert in church on Saturday March 9th and it promises to be a real treat. Tickets, available from Kate Brown or on the door, are  $\pounds 12$  adults and  $\pounds 5$  children. There will be refreshments available and a raffle so even if you have got your ticket in advance bring some extra cash along on the night.

If you are coming and would be willing to help serve refreshments or sell raffle tickets please let Kate know.

See you there.



## DNA

from Gordon Tyler.

No, I don't mean 'Did Not Attend' a medical appointment, I'm referring to the Ancestry genes investigation service. Coming up to Christmas my family asked what I would like, and having answered (as I always do) "nothing" I had a rethink and suggested they could buy me a DNA test which the Family History website ancestry.co.uk provide.

I was presented with the kit, a small test-tube for a saliva sample in a box with a return label; I did the business, posted it to Ireland, and a month later received the results by logging-on to the Ancestry website.

Apparently my Ethnicity is 68% England, 13% Scotland and 19% Sweden & Denmark. As I have Viking roots I am available for any not too strenuous raiding and pillaging; my day off is Thursday. Interestingly I have Dupuytrens Contracture (nodules on the tendons in the hands) and have had two operations on my left hand, this condition is also known as the Viking Disease because it is prevalent in the northern countries!

Ancestry carries out a computer comparison search and I now know of a number of distant cousins on both maternal and paternal sides. It also confirmed family history research I did a few years ago, concluding that the author Louise Doughty is my third cousin once removed. When I read her 'Stone Cradle' which opens in Werrington, and the fact that my maternal grandmother's name was Doughty (born in Marholm) led me to search for a connection. (Speaking of Louise Doughty, her great-grandfather Joseph had a baker's shop in Market Deeping in the 1890s, he died age 40 in 1901 and was buried in what was then the 'New Cemetery'. He, two brothers and his sister (my grandmother) spent their early lives in Peterborough Workhouse after their parents died. Not a lot of people know that.)

In addition the result did match me with Ricky Gervais as a 2nd or 3rd cousin on my paternal side but despite research I cannot prove any connection with his mother; and his father was a French-Canadian who remained here after the war. I will continue evaluating my DNA results so who knows what connections I might discover.

As expected, the January Eucharist and AGM went smoothly with the committee re-elected to serve a further term. It was good to see all our members wish to continue with their subscription to the Mothers' Union all though some are only rarely able to attend meetings, if at all.



At our February meeting we looked at the Forest Stations of the Cross, a series of 15 sculptures that are on display in Lincon Cathedral. Luckily, we didn't have to travel to Lincoln to appreciate them as the images, including close ups, had been put on a PowerPoint display. As each image was shown Anne read out a short reflection based on each one and we had time to look, ponder and comment on each one before moving on. Having said we could appreciate the sculptures in the comfort of the Green School, to get a proper sense of how beautifully crafted and how moving they are, you need to see them in the cathedral where you are encourage to not only look but to touch and caress them.

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Looking ahead to this month's meeting on Thursday 21st we have a speaker coming from SOLDAS who run the Boston Women's refuge as well as providing outreach services across South Lincolnshire for those affected by domestic violence. This meeting (as with all our meetings) is open to all and it may be of interest to a wider audience. Do come along and invite others, all we ask ids a £2 donation towards the cost of hiring the Green School.

Sadly at the end of January we lost one of our members, Joan McCormack who died on the 25th. She had been a faithful member and staunch supporter of the work of the MU throughout her life and ministry, serving as Diocesan President before retirement to this part of the country. Her memorial service at St John's Church in Peterborough was well attended by family and friends from down the years and across the country. She will be sadly missed.



The Diptych of St Hild and St Hugh in Lincoln Cathedral.

# Chuckle With Charlie;

I told my doctor I heard a buzzing, but he said it's just a bug going around.

My girlfriend keeps accusing me of cheating. She's started to sound like my wife.

# The Magazine.

Thank you to all who contributed this month. Articles for the April issue are required please not later than Wednesday 20th March.

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# Talks at Teatime.

From Kate Brown.

February's talk, "Incarnation - the great denial" went down well and provoked a lot of discussion. John Bell never fails to be interesting, informative, amusing, challenging.... and this talk was no exception. In fact, people were queueing up afterwards to borrow the USB stick to hear the talk again! There will not be a talk in March as there are weekly Bible Studies during Lent but look out for a resumption after Easter. The talks haven't been decided yet but the dates for your diary are as follows:

Sunday April 7th, Sunday May 5th, Sunday June 16th, Sunday July 21st

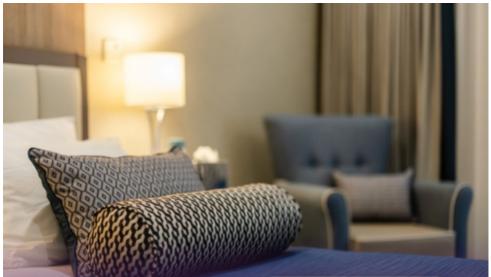
All the talks are at 4 pm and we meet in one another's houses to listen to the recorded talk, have tea and cake and a lively discussion afterwards. In the summer months it should be light when we leave as well as when we arrive so there's no excuse for not giving them a go.

Of course nothing beats hearing the speakers in person which can be done at the Greenbelt Festival. Do consider joining us this year as we hope to take a larger party there.

# Jazz Breakfast

Of course it was a wonderful event! What isn't there to like? Great music, a substantial breakfast and congenial company. We packed as many people in as we could (rather too many in truth) but still had to turn people away looking to buy tickets at the last moment. Perhaps we need to find a bigger venue next year, something the social committee is looking in to.

In the meantime, on the back cover are some pictures to remind you of what good fun it was and to persuade you to buy your tickets early next year if you were unlucky this year.





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Green School Booking email

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South Kesteven District Councillor for Market & West Deeping

# ASHLEY BAXTER

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## March calendar of services and activities, Year B.

Fri 1st	2:30pm	World Day of Prayer at The Roman Catholic Church
	6:30pm	Choir Practice
Sat 2nd	12:00	Lent Lunch in the Green School
Sunday 3rd		Third Sunday of Lent
	8:00am 9:45am 10:00am	Said Holy Communion Young Explorers in the Green School Parish Holy Communion 1 Corinthians 1: 18 – 25, John 3: 13 - 22
	5:00pm	Study on Philemon followed by Compline
Mon 4th		Prayer Group in Church
Wed 6th		Said Holy Communion
Thur 7th		Bell-ringing Practice
Fri 8th		11.30am Crafting in the Green School
		Choir Practice
Sat 9th		Coffee morning in the Green School
		Lent Lunch at The Roman Catholic Church Concert in Church by St Peter's Singers
Sunday 10t	h Fourt	h Sunday o <mark>f L</mark> ent, Mothering Sunday
	8:00am	
	10:00am	All Age Holy Communion
Readings tbo		
		Study on James followed by Compline
Wed 13th		Said Holy Communion
Thur 14th	•	Bell-ringing Practice
Fri 15th	6:30pm	
Sat 16th	12 noon	Lent Lunch at the Open Door Church
Sunday 17t	h Fif	th Sunday of Lent, Passion Sunday
	8:00am	Said Holy Communion
	10:00am	All Age Holy Communion
	E.00	Hebrews 5: 5 – 10, John 12: 20 - 33
Wed 20th		Study on 1 & 2 Peter followed by Compline Said Holy Communion

	Mothers' Union in the Green School Bell-ringing Practice		
9.30am -	- 11.30am Crafting in the Green School Choir Practice		
•	Soup and Social in the Green School		
h March	Palm Sunday		
8:00am	Said Holy Communion		
10:00am	Parish Holy Communion		
	Mark 11: 1 – 11, Mark 14: 1 – end of 15		
5:00pm	Study on 1, 2 & 3 John followed by		
-			
7:30pm	Gospel of the day and Compline		
7:30pm (	Gospel of the day and Compline		
10:30am	Said Holy Communion		
2:30 pm	Rose Lodge		
7:30 pm	Gospel of the day and Compline		
-	Maundy Thursday Meal in the Green School and Service		
9:45am	Good Friday Walk of Witness starts at St Guthlac's		
10:30am	Family craft workshop		
	Good Friday Service		
	7:30pm 9.30am - 6:30pm 12 noon <b>h March</b> 8:00am 10:00am 5:00pm 7:30pm 7:30pm 7:30pm 7:30pm 7:30 pm 7:30 pm 7:30 pm 7:30 pm 7:30 pm 7:30 pm		

#### Sunday 31st March Easter Sunday

10:00 Parish Holy Communion Acts 10: 34 – 43, John 20: 1 – 18

Future Events: Friday 26th April Wine Tasting Evening.

Friday Crafting in the Green School 9.30 - 11.30 am £5 per session towards hire of the hall and refreshments.

8th MarchFlowers; an All-round arrangement22nd MarchFlowers; an Easter Wreath.

when	sidespeople	reader	servers
3rd March			
8.00am	Anne Guthrie	Anne Guthrie	
10.00am	Joy Elliman Roger Clarke Di Wheatley	Helen Evans	N Bacon J Johnson D Fowler
10 Mar			
8.00am	Anne Guthrie	Anne Guthrie	
10.00am	Henry Roberts Kay Roberts Chris Warren	A Child	A Gray J Bowell E Denton
17 Mar			
8.00am			
10.00am	Janis Hewitt Lyall Seale Keith Warren	Henry Roberts	G Edwards L Oaton L Ward
24 Mar			
8.00am	Jean Jones	Jean Jones	
10.00am	Carol Cooper Lorna Mellowes Geoff Chambers Nick Evans	No Reader	N Bacon J Bowell E Denton
28 Mar			
7.00pm			G Bacon J Johnson C Gaughan
29 Mar			
2.00pm			A Gray L Ward J Bowell
31 Mar			
10.00am	Dorothy Harriss Kay Bunn Keith Warren	Dorothy Harriss	

sacristan
Dorothy Harriss, Iris Newson
Janice Hewitt Kay Bunn
Lyall Seale Geoff Chambers
Henry Roberts Kay Roberts



Ladies Who Lunch; the members of the Ladies Guild enjoying the Annual Dinner at The Horseshoes, Thurlby. See page 12.



